

## **Catholic Prayers: The Jesus Prayer (Prayer of St. John Gabriel Perboyre, CM)**



**O my Divine Savior, transform me into yourself.  
May my hands be the hands of Jesus.  
May my tongue be the tongue of Jesus,  
Grant that every faculty of my body may serve only to glorify you.  
Above all, transform my soul and all its powers,  
so that my memory, my will and my affections  
may be the memory, the will and the affections of Jesus.  
I pray you to destroy in me all that is not you.  
Grant that I may live but in you and for you,  
and that I may truly say with St. Paul:  
"I live, now not I, but Christ lives in me" (Gal 2:20).**