Catholic Prayers: The Act of Penitence, Form A (Confiteor)

I confess to almighty God,
and to you, my brothers and sisters
that I have greatly sinned,
in my thoughts and in my words,
in what I have done,
and in what I have failed to do,
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary, ever virgin,
all the Angels and Saints,
and you, my brothers and sisters, to pray
for me to the Lord, our God.