

Catholic Prayers: First Saturdays in Honor of the Immaculate Heart of Mary



The observance of the first Saturday in honor of the Immaculate Heart of Mary is intended to console her Immaculate Heart, and to make reparation to it for all the blasphemies and ingratitude of men.

This devotion and the wonderful promises connected with it were revealed by the Blessed Virgin to three children, Francisco, Jacinta and Lucia to whom she appeared at Fatima, Portugal, in 1917. On June 13, 1917, Our Lady told Lucia: *"Jesus wants to make use of you to make me known and loved. He wants to establish in the world devotion to my Immaculate Heart"*. Our Lady repeated this in the July 13th apparition when, after she granted the children the vision of Hell, saying: *"You have seen Hell, where the souls of poor sinners go. To save them, God wishes to establish in the world devotion to my Immaculate Heart. If what I say to you is done, many souls will be saved and there will be peace."*

Our Lady also told Lucia:

"I promise to help at the hour of death, with the graces needed for salvation, whoever on the First Saturday of five consecutive months shall:

1. *Confess and Receive Holy Communion.*
2. *Recite five decades of the Holy Rosary.*
3. *Keep me company for fifteen minutes while meditating on the fifteen mysteries of the Rosary, with the intention of making reparation to me."*